A yr High's annual Inter-house Swimming Carnival was awash with colour and excitement on Friday 17 February. Phillip led from the front all day claiming a convincing win to take out overall House Champion for the fourth year in a row. Phillip finished on 1135 points; Banks placed second with 749 points; Cook in third place with 617 points; and Macquarie languished in fourth place on 566 points.

Congratulations to the Phillip House Captains and House Parents for organising and encouraging their team towards a well deserved victory. Well done to the Captains of the other Houses who provided a great day of competition.

Although finishing in last place, Macquarie was awarded the 'Spirit Stick' as they demonstrated overall team spirit with continual chants and encouragement for their participants throughout the day.

Daniel McConnachie (U19), Hollie Grant (U16), Jacob Kenniff (U15) and Jacob McConnachie (U14) are to be congratulated in sharing the Max Tavasci Trophy, which is awarded to individual performers who achieve maximum individual points (75 points). An astonishing fifteen records were broken this year with Daniel McConnachie (U19) and Tamara McLean (U15) breaking four each, Hollie Grant (U16) breaking three, Hannah McKeough (U15) breaking one and Phillip House breaking three relay records at this year's carnival. The new records and the Individual Age Champions are published on page 3.

The success of this year's carnival was a result of the time and planning of all House Captains, senior students and House Teachers. They are to be congratulated for their efforts as are the student body for their enthusiastic support, level of participation and excellent behaviour. Thanks are extended to the Ayr Amateur Swimming Club particularly Mr Michael McConnachie who once again provided and set up equipment used on the day; Ayr Surf Lifesaving Club for the use of their tents; the Year 12 students and staff who helped set-up tents at 7.00 am; all school staff who helped in preparing, supervising or officiating and the Ayr High Interact Club for the food. Thank you.
Firstly I would like to eat some humble pie and congratulate Phillip for winning the swimming carnival. It was a fantastic day and I was very impressed by the level of student enthusiasm and team spirit shown on the day. I would like to congratulate Ms Courtney Carrigan and her team on a well-run carnival.

Last week students across all year levels were introduced to our “Stop Harassing Me” postcard program for cyber bullying. This program is in partnership between Ayr State High School, Queensland Police Service and our Youth Support Co-ordinator Jodi Pringle. The program educated students about what cyber bullying is and what the possible consequences of cyber bullying are, which range from mediation to imprisonment. The program also provides students with a “postcard” reporting system that students can use if they are a victim of unwanted or threatening texts, phone calls, emails etc. This is a proactive way for our school to stamp out this unwanted behaviour. This program will be adopted by Home Hill State High School as well which will reinforce the message right across the Burdekin. This issue is not confined to the school grounds but reaches into the wider community. I would also like to thank the parents who came to our parent information evening on this program on Monday. If you would like to know more about the program please feel free to contact the school.

Over the next two weeks our Year 8 and Year 12 students will go on camp. Both camps are to help prepare each group for the challenges ahead in 2012. Students will be involved in some team building and goal setting activities and I hope they all have a great time (weather permitting). Interim report cards will be distributed this Friday afternoon with Parent Teacher interviews coming up on the Tuesday 13 March. I encourage all parents to take a keen interest in their son or daughter’s progress so far this year, and come and meet with teachers to discuss ways in which we can support each other to get the best outcomes for your child.

Thursday morning saw the first of our 75th Anniversary celebrations with a re-enactment of the walk the students and teachers did 75 years ago from Ayr State School to the High School site. I will finish reminding students that attendance is the key to success at school. Engaging in all class activities will give the best chance to achieve your career goals whatever they may be so remember “Every Day, Every Class, Every Student, Learning”.

Yours in education

Craig Whittred
Principal

Welcome to Ayr State High School
Our school acknowledges the Juru community as the first owners of this country. Today, they are still the custodians of the cultural heritage of this land. Further to this, our school acknowledges there are other Aboriginal, Torres Strait Islander and South Sea Island people who have lived, worked and contributed to the cultural heritage of our community.

Celebrating 75 years of Ayr High’s history through photos
by Mrs Saskia Vollema-Creek

With the taking of the 2012 class photos upon us, it is time to remember the importance of the safe-keeping of class photos for the future. After delving through the school archives, it is apparent that the school’s historical collection of class photos pre 1980 is quite limited. Even though the “70 years celebration” in 2007 has uncovered some photos from the first five decades, the school still has an incomplete collection of class photos. Ironically, it wasn’t until the 1980s that student names were even included with the photos! In preparation for the 75th Jubilee, the school is seeking class photos (and captions if possible) from the following time periods: 1970s - 1979, 1976, 1973 (Yr 12 only), 1971; 1960s, 1950s, 1940s and 1930s.


Our goal this year is to complete our collection of class photos and school magazines. If anyone has a copy of any of these class photos or school magazines, please drop them into the school office with your name and phone number. These will be returned as soon as possible.

Year 12 Camp
2 - 9 March

Permission slips, medical forms and total payment of $200 must now be completed. Bus departs 9 am Tuesday (students at school by 8.15 am). Bus returns approximately 3 pm Friday. Contact Miss Ruge with queries.
Northern (NQ) Selections
by Ms Courtney Carrigan, Sports Co-ordinator

Congratulations to Stephanie Monday (Year 12), René Le Feuvre (Year 9), Daniel McConachie (Year 11), Hollie Grant (Year 11), Tamara McLean (Year 9) and Jacob McConachie (Year 8) who have been selected in Northern sport squads recently and will participate at their respective Queensland Championships.

Steph (Open Girls) and René (U15 Boys) were selected for Touch and will travel to Townsville in May and Strathpine in June respectively.

Daniel, Hollie, Tamara and Jacob have been selected for Swimming and will travel to Brisbane on Thursday 22 March.

Well done to all students and we wish them well.

Swimming Carnival Records and Age Champions 2012

Tamara McLean
U15 50m Freestyle 29.99 (30.62)
U15 100m Freestyle 1:03.92 (1:08.08)
U15 50m Backstroke 34.74 (38.69)
U15 50m Butterfly 33.93 (34.74)

Hannah McKeough
U15 50m Breaststroke 40.18 (41.65)

Hollie Grant
U16 50m Freestyle 30.33 (31.40)
U16 100m Freestyle 1:08.84 (1:10.95)
U16 50m Butterfly 31.52 (33.60)

Daniel McConachie
U19 50m Freestyle 26.61 (27.02)
U19 100m Freestyle 59.83 (1:02.25)
U19 50m Backstroke 32.34 (35.20)
U19 50m Butterfly 28.77 (30.68)

Phillip House
Female U15 4x50m Freestyle Relay 2:39.45 (2:43.61)
Hannah McKeough, Zoe Borellini, Tamara McLean, Tahia Blakey
Male U19 4x50m Freestyle Relay 2:05.51 (2:08.80)
Jack Brock, Josh Great, Meyer Prigge, Daniel McConachie
Male U19 4x50m Medley Relay 2:23.18 (2:24.62)
Jack Brock, Josh Great, Meyer Prigge, Daniel McConachie

Coldwater
Female U15 4x50m Freestyle Relay 2:40.54 (2:45.13)
Kate Edwards, Imogen Skellett, Marnie Gysbers, Sam Row
Male U19 4x50m Freestyle Relay 2:05.51 (2:08.80)
Jack Brock, Josh Great, Meyer Prigge, Daniel McConachie
Male U19 4x50m Medley Relay 2:23.18 (2:24.62)
Jack Brock, Josh Great, Meyer Prigge, Daniel McConachie

Congratulations to Age Champions and to new record holders.

Interact Elections

On Monday 27 February, the Ayr State High School Interact Club continued with its busy program by holding the election of office bearers. Supporting Bridget Sloan, Community Service Vice-Captain, in her role as President are:

Vice-President: Chantel Du Plessis
Treasurer: Liam De Wit
Secretary: Ashly Parker
National Service Director: Chloe Bell
International Service Director: Madison Magatelli

Each of these students, along with many others who attended this meeting, will support the efforts of Interact at Ayr State High School in all that they do.
The first few weeks of 2012 have kept the Interact Club on a full and productive schedule. We dived into the year with a Valentine’s Day stall, which required a substantial amount of commitment from our newly recruited members across all year levels. They dedicated their lunch times to help sell freckles, lollipops and candy to the sweethearts of our school community! On the big day, 14 February, a group of dedicated students and teachers had an early start to the day by sorting out the numerous gifts, love letters and candy! Love was definitely in the air and for a very lucky fifteen students and teachers the best was still to come, as they were sent serenades! Senior students Adam Dudley, Riley Southwood, Chloe Bell and Bridget Sloan went on a mission to convey the message of love, through song! “You don’t know you’re beautiful! That’s what makes you beautiful!” Overall, the day was a huge success and on behalf of the Interact Club, thank you for buying, selling, enjoying and participating in Valentine’s Day 2012!

Interact also took care of the hungry hordes at the Swimming Carnival last Friday. Another group of keen volunteers worked behind the scenes to ensure there was hot, delicious food on hand for the swimmers and spectators requiring sustenance. There were hot pizzas, chicken rolls, egg sandwiches, hot dogs and even cupcakes on sale. This was another successful event for the Interact club who are clearly working hard at Ayr State High School.

Chappy Corner

Goodday everyone. Welcome back for 2012. My name is Scotty McLean and I am the Ayr State High School Chaplain. My role is to provide pastoral support to staff and students at Ayr State High School and encourage all students to reach their potential.

I work as part of the Student Support Team along with Craig, Jodi, Cassandra and Ollie. As a team we deal with all sorts of situations from serious issues to someone just needing some chill out time.

I assist in the running of various programs such as Tunnel and Light for Years 8, 9 and 10; Rock and Water in Year 8 and The Active Fitness Lunchtime Program. I also help out with Ayr High Sporting Teams especially with Rugby League.

My hours at school are 8.30 am to 3.30 pm, Tuesday to Friday and my office is located adjoining the admin block with the rest of the Student Support Team. The door is always open and all students and staff are welcome.

My goal is to eventually know all students at Ayr State High School and I am looking forward to another exciting year at Ayr High.

Year 11 RYDA

R YDA is a road safety education program aimed at equipping young people with the knowledge to stay safe on Australian roads.

The program targets 16 - 17 years olds who are at the stage of their lives where they start to drive or ride in a vehicle driven by peers. RYDA, a community-based initiative of Rotary, involves six interactive sessions presented by road safety professionals.

Our Year 11 students will be attending this program on Tuesday 6 March 2012 at the Burdekin Tafe College.

Ayr State High School P&C Association

A.G.M

7.00 pm, Monday 5 March
Ayr High Library
All Welcome

School Disco

Thursday 15 March
7.00 - 10 pm
Showgrounds Hall
Come in theme: ‘Monkey See’, ‘Monkey Do’

Upcoming Events

5 March  P & C Meeting (AGM) (7.30 - 9.00 pm, Library)
6-9 Mar  Yr 12 Camp
          Yr 9 Naplan Practice
6 March   Yr 11 RYDA
7 March   Smart Start
          Drama Festival Rehearsals (3 - 5 pm)
8 March   Smart Start
13 March  Parent Teacher Interviews (5 - 8 pm, I Block)
          Interschool Rugby League/Netball (3.30 pm)
14 March  Drama Festival Rehearsals (3 - 5 pm)
15 March  School Disco (7 - 10 pm, Showgrounds Hall)
19 March  Music Support Meeting (7.30 pm, A12)
20 March  Yr 8 Meet & Greet
22 March  Yr 10 Careers Expo
23 March  Drama Festival (7.30 pm, Burdekin Theatre)
Making an Impact
by Riley Southwood, Year 12 Student

On Monday 20 February, a collection of students from Ayr High and a number of other schools from the Burdekin, Townsville and Ingham made their way to the 2012 Impact Student Leadership Conference. I was lucky enough to be invited to this worthwhile event. The objective was to develop the leadership skills among young people so that they can have a positive influence on those around them and those in their schools.

For all who attended, the day was a definite success (apart from the 6 am wake-up call needed to get there on time. Sorry Mum!). With presentations ranging from “How to Conduct Successful Events” to “How to Improve Your Public Speaking Skills,” and speakers who were marvellously entertaining, there was always something new and exciting to listen to. The day focussed heavily on meeting leaders from other schools, and forming ideas with our peers on how to improve our current school environment. As school leaders, we were challenged to consider our own legacy at Ayr State High School – what will future years remember us for?

A definite highlight for me was the dance off at the end of the day, where everyone had to copy the impromptu dance moves of the unsuspecting leader chosen to perform them on stage. Even Woodsy got her groove on! All in all, everyone who attended had a terrific time. I would highly recommend attending the conference to anyone wanting to make an impact on their school and have a fun packed day!

Get active, get healthy
by Cassandra, School Based Youth Health Nurse

“About 20 – 25% of Australian children are overweight or obese… It is estimated that by 2020, with the current trends in weight gains, 80% of all Australian adults and one third of all children will be overweight or obese.” - The Australian Sports Commission.

There is a strong link between excess weight and an increased risk of heart disease. The Heart foundation strongly encourages Australians to make some lifestyle changes to help reduce the risk of heart disease.

For heart health and general health benefits, it is recommended that you have at least 30 minutes of moderate intensity physical activity. Increasing physical activity burns fuel – burns fat. The amount of fat burned off will depend on two things – how often you are active and for how long. Aim to be active every day. Put together at least 30 minutes of moderate physical activity on most, preferably all, days. Many people find walking easy and enjoyable. Also try to be active in everyday life. Small amounts of activity, just moving about rather than sitting, all add up at the end of the day.

The Business of Success
by Mrs Vicki Toohey, HOD - Business IT & Humanities

The Year 10 Business Management students have been learning about what it takes to be a successful entrepreneur - particularly in a small business. The students interviewed local businessmen and women about the strategies and personal characteristics that contribute to success in today’s economic environment. “I learnt so much about the long days that business people put into their jobs.” It is hard work but there are rewards for working for yourself,” said Jarrod Langford. Jemma Horton was impressed with one piece of advice she received from her interview - “Surround yourself with intelligent people!”. “That’s good advice not only for business people but for life in general,” she said. Thanks go to our local community for supporting the students - Burdekin Motorcycles; JB Automotive; Red Rooster; Hallerwealth; Sitefix Solutions; About Town Bait and Tackle; My Pets; Lucky Black Cat News; Cloves.

Maths & Science Tutoring
Wednesday afternoon
3.15 - 4.15 pm,
C11 Lab
All year levels welcome
Do you want help with homework?
Do you need help with studying for a test?

Absentee Hotline
4790 4353
If your child is away either:
• phone the hotline
• text message or
• hand in a note on return

IT Update #2
How to Avoid Delays When Accessing Software

The delays are due to the special way that licences are handled by Education Queensland. Students should find out from their teachers which software they require and initiate downloads by selecting the software in the start menu. Some programs may take up to 5 minutes to load – the progress can be monitored in the bottom right of the screen. The laptop can be used while the software is loading in the background.
Josh Great recently returned from the 2012 National Youth Science Forum held in Canberra. He was selected after an intensive process conducted by the Rotary Clubs of Ayr and Townsville and was supported by a RSL Youth Grant of $5000.

During his time in Canberra, Josh:

- visited many research institutes from plasma research to super computers,
- attended cultural visits to Parliament House, National Gallery, National Library
- participated in a live video conference with the scientists at CERN,
- dined with the Chief Scientist of Australia, Ian Chubb
- participated in a range of social activities and networking – 142 strangers no more!

These are all wonderful experiences that have and will assist in Josh’s social and academic development. The experience … NYSF is not for 12 days, it is for life!

Josh impressed the organisers such that he is one of 13 students asked to attend the 2013 NYSF as a staff member. What a wonderful achievement.

Ayr High values the opportunities that participation in the NYSF offers to our students. He has continued the fine tradition of students from Ayr High being successful in gaining a place at this prestigious forum. Applications for the 2013 NYSF will be opening soon and we are looking forward to some of our high flying science and maths students applying.

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### Ayr State High School Canteen Menu

**Canteen Rules:**
- No ports or bags through the Canteen line.
- Only four (4) items per student
- $50 notes will only be changed towards the end of First Break
- Canteen closes 10 minutes before the end of each break.

#### Everyday:

- **Sandwiches:**
  - Chicken, Mayo & Lettuce $3.50
  - Chicken, Avocado & Lettuce $3.50
  - Ham & Salad (Lettuce, Carrot, Tomato & Cheese) $3.50
  - Roast Beef & Salad $3.50
  - Egg, Mayo & Lettuce $3.50

- **Chicken Caesar Salad Boxes** $3.50
- **Chicken & Salad Wraps** $3.50
- **Ham & Salad Wraps** $3.50
- **Toasties (Except Wednesday):**
  - Chicken & Cheese (1/2 round) $1.70
  - Ham & Cheese (1/2 round) $1.70
- **Pies & Pasties** $3.30
- **Sausage Rolls** $2.20

#### Monday Special:

- **Slice of Pizza (Meatlovers, Chicken & BBQ Sauce, Ham & Pineapple)** $2.20
- **Sushi** $3.60

#### Tuesday Special:

- **Subway (6" Chicken Strip, BMT)** $4.00
- **Hot Dog** $2.80

#### Wednesday Special:

- **Meat Pattie & Cheese Burger** $3.50
- **Spaghetti/Pasta** $3.50

#### Thursday Special:

- **Red Rooster Chicken Roll (Hot)** $4.50
- **Red Rooster BLT Roll (Cold)** $4.50

#### Friday Special:

- **Fish Burger with/without Mayonnaise** $3.50
- **Fish Burger with Mayonnaise & Salad (Lettuce & Tomato)** $3.80

#### Drinks:

- **Large Milks & Juice** $3.00
- **Small Milks & Juice** $2.00
- **Water** $1.20

#### Second Break:

- **Various Ice-creams** from $1.00 to $1.80
- **Small Packets Chips** $1.00
- **Quench** $1.80
- **Nutrient Water** $3.00
- **Re-Nu Water** $2.00
- **Slush** $2.50

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### Interim Reports and Parent-Teacher Interviews

**by Ms Lesley Olsen, Deputy Principal**

Interim reports were issued to students on Friday 2 March. These reports provide an indication of how well students have settled into learning across the full range of subjects. No achievement grade is given at this stage but grades are given for behaviour and effort and teachers will comment on progress.

Parent-Teacher interviews will follow on Tuesday 13 March from 5 pm to 8 pm. Parents will be able to book interviews online or use the schedule provided with the report.

Details of how to book online will be provided with the report.

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### Year 12 Flex-Off

Successful applicants will have been issued with a green flex-off card. Applicants must have fulfilled all requirements as shown on the note. Please contact Miss Ruge with any queries.