2012 Reflections Art Exhibition
by Mrs Michelle Ardle, Art Teacher

On Friday night the staff and students celebrated the opening of the 2012 REFLECTIONS Art Exhibition, showcasing student artwork from Years 8 - 12. The exhibition, held at Art ‘n’ Ayr gallery in Young Street, saw more than 200 guests visit and view the outstanding collection of work on display. Guests had the chance to enjoy refreshments and mingle with the staff and students who worked so hard in putting together the annual exhibition. It was a fantastic opportunity for the students and the community to view the high standard of work we produce at Ayr High. The exhibition, in a real gallery space, allowed the audience to truly appreciate the quality of the art pieces. Art Teachers Mrs Michelle Ardle and Mrs Lynda Hoey are exceptionally proud of the dedication and talent of the art students at Ayr State High School.

The Exhibition is open to the public for the next two weeks at Art ‘n’ Ayr Gallery, 144 Young Street Ayr.

Students serve up tasty treats at Art Exhibition
by Mrs Judy Kierle, Home Economics Teacher

Year 9 Food Studies students made finger foods for the Art Exhibition with some giving up their evening to serve guests.

Photo (LtoR): Kayla Johnson, Tennille Cockburn, Katherine Porter serving juices to guests.
Year 12 Students - Crunch Time
by Ms Lesley Olsen, Deputy Principal

The focus for Year 12 students in the remaining three weeks of term must be ensuring every piece of assessment is completed to their personal best. Particularly for tertiary bound students for whom this assessment period will consolidate their levels of achievement with minimal opportunities to adjust these prior to graduation. The students will appreciate the support and encouragement of their families at this time as the work load intensifies.

QCS Test
On Tuesday and Wednesday, 4 and 5 September OP eligible students will sit for the exacting QCS test for which they have been preparing all year. A light breakfast will be served each morning from the area outside 1 Block from 8 am. Students will enter the test area at 8.30 am. Students who are not OP eligible are not required to attend school on these days.

Exam Block
Classes for all Year 12 students will be suspended from 14 to 20 September. Students will be required to attend school to either hand in assignments or to sit for scheduled tests. Students will be issued with an exam timetable for this time. Best wishes to all Year 12 students.

Musical Photos Disc
$5.00
Available from the administration office

Year 10 Students - Subject Selection Interviews
by Ms Lesley Olsen, Deputy Principal

There will be no scheduled classes for Year 10 students on Tuesday 4 September and Wednesday 5 September. These days have been set aside to facilitate Senior Education and Training Plans for Year 10 students. Interview times have been scheduled for every Year 10 student with either a Head of Department, Deputy Principal or with the Principal to discuss career plans and determine an appropriate course of study for the senior schooling years.

Year 10 SET Plan Interviews
to confirm subject selections for 2013
4 - 5 September 2012

Year 12 QCS Test
4 - 5 September 2012
Only OP eligible Year 12 students attend school on these days.

40 Hour Famine
by Jorden Chapman, Year 10 Student

Last week, a group of students from Ayr State High School decided to step up and choose a category to complete the 40 hour famine. Students went without food, furniture or technology for 40 hours which culminated in a sleep over at the school on Friday 24 August. On the night of the sleep over, there were games, movies and the comfortable Resource Centre carpet to sleep on! A well deserved breakfast was provided for all students the next morning with help from Mrs Bromham, Courtney Griggs and Cassandra Dennis. A big congratulations to all who participated! Thanks must go to Bridget Sloan for coordinating the event with the assistance of Chantel du Plessis, Chloe Bell and Madelin Stockham. We would also like to thank the supervisors; Ms Ruge, Miss Scott, Miss Longworth, Mr Milne, Miss Thomas, Mr Jones and Mrs Granshaw. It was a fun experience that we look forward to having again in the future.

Art Now and Creative Generations
by Mrs Lynda Hoey, Art Teacher

Fourteen students from Year 11 and 12 Visual Art were selected to showcase their work in the Creative Generation/ Art Now Exhibition at Pinnacles Gallery in Townsville. Caitlin Granshaw in Year 12 was selected to exhibit in the Creative Generation Awards while Year 12 students Chantel Du Plessis, Bridget Sloan, Madison Magatelli, Tynneal, Narraton-Nelson, Mel Lewty and Courtney Finn positioned themselves in the Art Now display. Year 11 students Kahl De Zolt, Taylah Dwyer, Ashley Parker, Caitlin Bohl, Adelle McAllister, Nissa Reid Sager and Sharni Halls also displayed their works in the Art Now display. Art Now provides students with the experience of exhibiting their work in a Contemporary gallery setting. Student works were chosen for their outstanding quality against other nominated artworks from across North Queensland Education District. Mrs Ardle and Mrs Hoey were instrumental in organising the submissions and preparing the works for the exhibition, framing and ensuring the safe delivery of the artwork to Townsville. Congratulations to all students. Entry is free.
Local artists share their talents with 8A English

by Mrs Linda Attard, English Teacher

During the last two weeks, students in Year 8A English, welcomed visits by two well-known, talented local artists – Mrs Tania Cox and Mr Aicey Zaro - into their classroom. This term, the students have been focusing on a unit entitled “Myths and Legends” and are presently working on their assessment task. Their assessment task requires them to take on the role of an author and create their very own myths. These myths will then be transformed into storybooks which will ultimately be presented to younger students at a local primary school.

A highlight of this unit was a visit by local children’s book author Mrs Tania Cox, who kindly gave up her time to speak to the students about the books she has written and what inspires her to do so. She read one of her books to the students and, assisted the class in creating their very own masterpiece, “How the Kangaroo Got its Hop”.

Meeting a “real life” author has certainly inspired our budding writers to unleash their creative talents, and you never know, we may see one of our Year 8 English students publishing their own story in the future!

The students in 8A were also privileged to receive a demonstration on the finer points of aboriginal art by talented local artist, Mr Aicey Zaro. Owner of the Zaro Cultural Gallery in Home Hill, Mr Zaro also generously gave up his time to assist students with illustrations to accompany the stories that they had created. Students were so engaged that many were very eager to begin the illustrations for their myths.

Both artists were presented with certificates of appreciation by the students and sincerely thanked for sharing their valuable talents and assisting in the compilation of their myth inspired storybooks.
Janaye Zaro recently returned to Ayr State High School to share the success she has achieved in the Hospitality Industry. Janaye commenced studying Hospitality in Year 11 in 2008. At this time she also commenced a School Based Apprenticeship with Yvette’s Place as an apprentice chef. After completing senior schooling in 2009 Janaye went on to continue her apprenticeship. In August this year Janaye completed her Certificate III in Hospitality (Commercial Cookery) and is now a fully qualified chef working in Bowen at 360 on the Hill.

Anyone interested in applying for a School Based Apprenticeship should contact Mrs Vicky Bromham at the school on 4790 4333.

**Tips for getting enough sleep**

Most teens need about 8½ to more than 9 hours of sleep each night. The right amount of sleep is essential for anyone who wants to do well on a test or play sports without tripping over their feet.

Sleep deficit impacts everything from a person’s ability to pay attention in class to his or her mood.

Even if you think you’re getting enough sleep, you may not be. Here are some of the signs that you may need more sleep:

- difficulty waking up in the morning
- inability to concentrate
- falling asleep during classes
- feelings of moodiness and even depression

**How Can I Get More Sleep?**

- Set a regular bedtime. Going to bed at the same time each night signals to your body that it’s time to sleep.
- Exercise regularly. Try not to exercise right before bed, as it can rev you up and make it harder to fall asleep. Finish exercising at least three hours before bedtime.
- Avoid stimulants. Don’t drink beverages with caffeine, such as soft drink and coffee, after 4 pm.
- Relax your mind. Avoid violent, scary, or action movies or television shows right before bed.
- Unwind by keeping the lights low. Light signals the brain that it’s time to wake up. Staying away from bright lights (including computer screens!), as well as meditating or listening to soothing music, can help your body relax.
- Avoid all-nighters. Don’t wait until the night before a big test to study. Cutting back on sleep the night before a test may mean you perform worse than you would if you’d studied less but got more sleep.
- Create the right sleeping environment. Studies show that people sleep best in a dark room that is slightly on the cool side. Look after your body. Get plenty of sleep.

*Cassandra, School Based Youth Nurse*
Students learn about renting
by Mr Andrew Kos, Teacher

On Friday 17 August Mr Kos’ and Mrs Buffa’s Year 12 English Communication class listened to Lyndy McCathie and Deanna Lewty deliver an interesting and informative presentation about renting properties. Students learned how to rent a property, what forms to fill in, tips and advice about how to take care of property so that contract breaches can be avoided, relevant Government Acts and the general status of the rental market in the Burdekin. The most entertaining part was when Josh Lillyst volunteered to act out a role play about applying for a rental property. His performance had the audience watching intently and learning how to conduct a role play for their own assessment in a few weeks time. Thank you Josh. Thank you also to McCathies for taking their own valuable time to help our students learn more about renting.

Scartwater Education Trust
Scartwater and Cunningham Scholarships - 2012
by Mr Bruce Johnson, Guidance Officer

Applications are now open for both Scartwater and Cunningham Scholarships for 2012.

Scholarships are offered to the children and grandchildren of servicemen and women who have had active overseas service and who enlisted from (or who now live permanently) in the Scartwater Area.

The Scartwater Area, broadly defined, runs from Proserpine to Innisfail and back to the Western border.

The Scartwater Scholarship will be awarded upon the results obtained in Year 10 and is designed to assist a student to continue full time studies through Years 11 and 12. The allowance presently payable under the scholarship is $1000.00 per annum.

The Cunningham Scholarship will be awarded upon the results obtained in Years 11 and 12 and are designed to enable a student to undertake full time studies in an approved Tertiary course at an approved University. The allowance presently payable under the Scholarship is $2000.00 per annum.

Applications close 30 November 2012.

What Assessment is Due in the Next Two Weeks?

Year 8
- Japanese – Listening Task
- ITD – Exam
- HPE – Aussie Sports assessment
- Science – Energy Assessment

Year 9
- Art – Clay Shoe
- Food Studies – Practical 1
- Science – Report Due
- HPE – AFL assessment

Year 10
- Maths – Unit 6 Exam
- BMA – Oral presentations
- Food Studies – Oral
- Music – Prac
- ITM – Theory folio due

Year 11
- MAA – Exam Part 1 and 2
- VWP – Oral Presentations
- SMB – KAPS and MPS
- PE – Journal due and Touch assessment

Year 12
- PE – Touch Assessment
- CHM – EEI Due
- HEC – Practical Performance
- MUX – Investigating
- ENC – Spoken
- BCT – Assignment due

Absentee Hotline
4790 4353
If your child is away either:
• phone the hotline
• text message or
• hand in a note on return
Science Week Celebrations
by Mrs Teresa Gemellaro, A/HOD - Science and Mathematics

Science week at Ayr High was celebrated with an Astronomy Night open to all students and parents. The next morning, students who achieved outstanding results in the Science Competition were commended. On the Friday of that week, selected Year 8 and 9 students attended JCU for the day, touring the Science Department and seeing a show by a Maths Comedian. This event was kindly hosted and funded by the Science and Engineering Faculties at the University.

Science Week Excursion to JCU
by Mrs Claire Brock, Science Teacher

On 17 August, “The Maths Man”, Simon Pampena presented a one off Maths show to Year 8 and 9 students at JCU to help promote Science Week. Simon Pampena is an exciting performer and passionate Mathematician who has combined his two loves: stand-up and Mathematics. The day was completely funded by JCU and the opportunity to attend this excursion was offered as a reward to 40 students who achieve or consistently work at a high level in their Maths class.

Outstanding results in Science Competition
by Mrs Teresa Gemellaro, A/HOD - Science and Mathematics

Earlier this year, a large number of students across all year levels competed in the Science Competition. The standard of our students was very high, exceeding the state average in all year levels. Achieving major awards were the following students, pictured.

High Distinction – in the top 1% of students in the state - Sam Row

Distinction – in the top 10% of students in the state - Jordan Scarabel, Liam Shannon, Ryan Taylor, Dean Webber

Credit – in the top 25% of students in the state - André Le Feuvre, Shane Kennedy, Travis Mogg, Cassienne Darwen, Zoe Granshaw, Jordan Holmes, Matthew Wight, Tiarn Walsh, Adam Barbagallo, Tyler Northwood, Lachlan Wilson

Astronomy Night
by Mrs Teresa Gemellaro, A/HOD - Science and Mathematics

During Science week, local astronomer Rob Black brought telescopes from the Astronomy Association and conducted a fascinating tour of the night sky for the group of students who attended. The vision of Saturn and its delightful rings and the moon Titan thrilled everyone. Nearby in the sky was the red glow of Mars, with the disk clearly visible in the big Dobsonian telescopes. Another vista that proved fascinating was the open cluster known as the jewel box, a huge group of various coloured stars. While not visible to the eye, with a telescope they were brilliant. Two globular clusters were also seen. These are large fuzzy balls containing thousands of stars in a small sphere, that orbit the Milky Way galaxy. The early evening sky was crystal clear, and fortunately the clouds did not roll in until we had packed up.

Students in this district are extremely fortunate to have such an association based locally, as well as to have the dark skies not seen in the larger towns and cities.

The next major astronomical event will occur early in the morning on 14 November, shortly after sunrise. On that date, the Northernmost part of Queensland will experience a total solar eclipse, when the sun is completely blocked out by the Moon, and it will be pitch black for a few minutes. Here in the Burdekin, the eclipse will be partial. Set your alarm clock early!